



CoCo Seminar Series

Fall 2023

[Extra CoCo Seminar]

Targeting Mental Health Conditions Globally in Challenging Times

Dr. Claudi Bockting

Visiting Professor, Global Health and Social Medicine, Harvard University / Professor, Clinical Psychology in Psychiatry, Amsterdam University Medical Centers, the Netherlands



Tuesday December 5, 2023 12:00-1:00pm EST
Hybrid (EB-R15** & Zoom; meeting link available on <http://coco.binghamton.edu/>)**

Common mental health disorders are a worldwide epidemic and there is no evidence that the epidemic is subsiding. Societal changes, such as urbanicity as well as societal crises such as pandemics, economic crisis and war amplify the adverse effects on mental health. Evidence for leading theories that explain the onset and maintenance of common mental health conditions is fragmented, mostly focusing on a single etiological factor. Whereas, mental health conditions are the result of the interplay of mental-, biological, stress related- and societal factors that can change over time. In this presentation first steps towards an integrative dynamical framework including the impact of societal challenges will be discussed that do incorporate the interplay between relevant factors that contribute to mental health conditions in order to explore new targets for prevention and treatment. The opportunity of using technology will be demonstrated as potential next step. Opportunities and challenges will be discussed, such as sustainable dissemination of digital interventions and the role of artificial intelligence.

Dr. Claudi Bockting is a Visiting Professor of Global Health and Social Medicine at Harvard University, a Professor of Clinical Psychology in Psychiatry at the Amsterdam University Medical Centers, and the co-director of the Centre for Urban Mental Health at the University of Amsterdam, the Netherlands. As a fellow at the Institute for Advanced Study (UvA-IAS), she studied the use of complex systems models in order to explore new targets for prevention, treatment and relapse prevention of mental disorders.

For more information, contact Luis Rocha (rocha@binghamton.edu). <http://coco.binghamton.edu/>